



# CHOICE GREENS

fresh chopped salads • sandwiches • panini



## DESIGN YOUR OWN SALAD \$7.19

### STEP 1: CHOOSE YOUR LETTUCE

- iceberg
- romaine
- spinach
- organic spring mix
- organic kale (+\$1.10)

### STEP 2: CHOOSE UP TO 4 "CHOPPINGS"

Each additional chopping 69¢

- anchovies
- apples
- artichoke hearts
- avocado (+55¢)
- bacon (peppered) (+\$1.10)
- beets
- bell peppers (mixed)
- black beans
- black olives
- broccoli
- brussel sprouts
- carrots
- cauliflower
- celery
- chickpeas
- chinese noodles

- corn
- croutons
- cucumber
- dried cranberries
- grapes
- hard boiled egg
- hearts of palm
- jalapenos
- jicama
- kalamata olives
- kidney beans
- mandarin oranges
- mango
- mushrooms
- peas
- pepperoncini

- radishes
- red onion
- roasted red peppers
- snap peas
- sprouts
- strawberries
- sun-dried tomatoes
- tomatoes
- tortilla strips

### GRAINS

- couscous
- quinoa

### CHEESES

- bleu cheese crumbles
- cheddar
- feta
- fresh mozzarella (+\$1.10)
- goat cheese (+55¢)
- pepper jack
- provolone
- shaved parmesan

### NUTS

- almonds
- caramelized walnuts
- pine nuts
- sunflower seeds

### STEP 3: CHOOSE YOUR PROTEIN (Optional)

• all-natural grilled chicken	\$2.60	• shrimp	\$2.60
• all-natural turkey	\$2.60	• baked tofu	\$2.60
• all-natural ham	\$2.60	• albacore tuna	\$2.60
• all-natural genoa salami	\$2.60	• homemade albacore tuna salad	\$2.60
• oven-baked salmon	\$4.60	• homemade chicken salad	\$2.60

- apple cider vinaigrette
- balsamic vinaigrette
- barbecue ranch
- chinese chicken salad
- cilantro
- classic chunky bleu cheese
- classic caesar
- feta cheese vinaigrette

- honey mustard
- honey poppy seed fruit
- hot thai peanut
- olde venice italian
- ranch
- salsa ranch
- thousand island

- fat-free caesar
- fat-free honey dijon
- fat-free raspberry vinaigrette
- fat-free roasted red bell pepper italian
- reduced-calorie buttermilk ranch
- reduced-calorie olive oil vinaigrette
- olive oil & balsamic vinegar

### STEP 5: CHOOSE YOUR BREAD (Optional)

- rosemary sea salt focaccia . . . . . 59¢
- sprouted spelt (ancient grain) . . . . . 59¢

## CHOPPED CLASSICS

<b>ASIAN</b>	organic spring mix, chinese noodles, broccoli, snap peas, almonds, mandarin oranges, with chinese salad dressing . . . . .	\$7.85
<b>BBQ RANCH</b>	iceberg lettuce, all-natural grilled chicken, cheddar cheese, corn, tortilla strips, black beans, red onion, with barbecue ranch dressing . . . . .	\$10.45
<b>CHICKEN CAESAR</b>	romaine lettuce, all-natural grilled chicken, shaved parmesan cheese, croutons, with classic caesar dressing . . . . .	\$9.49
<b>COBB</b>	iceberg lettuce, all-natural grilled chicken, bleu cheese crumbles, avocado, peppered bacon, cheddar cheese, black olives, tomatoes, hard-boiled egg, with ranch dressing . . .	\$11.35
<b>HARVEST KALE</b>	organic kale, dried cranberries, almonds, shaved parmesan, avocado, with balsamic vinaigrette dressing . . . . .	\$8.75
<b>MEDITERRANEAN</b>	romaine lettuce, feta cheese, red onion, sun-dried tomatoes, kalamata olives, cucumber, roasted red peppers, with feta cheese vinaigrette dressing . . . . .	\$8.59
<b>ORCHARD APPLE</b>	spinach, bleu cheese crumbles, apples, dried cranberries, caramelized walnuts, with fat-free raspberry vinaigrette . . . . .	\$7.19
<b>SOUTHWEST CHICKEN</b>	romaine lettuce, all-natural grilled chicken, cheddar cheese, avocado, black olives, tortilla strips, tomatoes, black beans, with salsa ranch dressing . . . . .	\$11.25
<b>STRAWBERRY FIELDS</b>	organic spring mix, strawberries, feta cheese, avocado, dried cranberries, almonds, with balsamic vinaigrette dressing . . . . .	\$8.45

— Add rosemary sea salt focaccia or sprouted spelt bread to any salad for 59¢ —

## SOUPS

(served in pewter tureen)

		HALF (6 oz.)	FULL (12 oz.)
<b>VEGETABLE</b>	(vegan, gluten-free) . . . . .	\$2.60	\$5.20
<b>CHICKEN NOODLE</b>	. . . . .	\$2.60	\$5.20
<b>ROASTED GARLIC TOMATO</b>	. . . . .	\$2.60	\$5.20
<b>ROASTED CORN CHOWDER W/ POBLANO CHILES</b>	(vegetarian) . . . . .	\$2.60	\$5.20
<b>BROCCOLI CHEDDAR</b>	. . . . .	\$2.60	\$5.20

## FAST FIRE PIZZA

All pizzas are individual size, thin crust\*, and sprinkled with oregano, basil & grated parmesan

**AVAILABLE ALL DAY Sat. & Sun. 3PM to CLOSE Mon.-Fri.**

### CUSTOMIZE \$7.19

#### STEP 1: CHOOSE YOUR STYLE

- RED** tomato sauce (using San Marzano style tomatoes), with a signature blend of Italian cheeses
- GREEN** pesto, with a signature blend of Italian cheeses
- WHITE** olive oil, fresh garlic, with a signature blend of Italian cheeses

#### STEP 2: CHOOSE YOUR TOPPINGS

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|--|--|--|
| <b>VEGGIES/CHEESES</b> (65¢ each)  | <b>MEATS</b> (\$1.05¢ each)  | <b>DRIZZLES</b> (59¢ each)   |
| <ul style="list-style-type: none"> <li>• artichoke hearts</li> <li>• bell peppers</li> <li>• black olives</li> <li>• bleu cheese</li> <li>• feta</li> <li>• fresh basil</li> </ul> | <ul style="list-style-type: none"> <li>• fresh garlic</li> <li>• jalapenos</li> <li>• mushrooms</li> <li>• red onion</li> <li>• spinach</li> <li>• tomatoes</li> </ul> | <ul style="list-style-type: none"> <li>• bacon (peppered)</li> <li>• chicken sausage</li> <li>• grilled chicken</li> <li>• ham</li> <li>• pepperoni</li> </ul> |

### FAVORITES

- CLASSIC CHEESE** red sauce, pesto or olive oil & fresh garlic, with signature blend of Italian cheeses. . . . . \$7.19
- BBQ CHICKEN** red sauce, signature blend of Italian cheeses, grilled chicken, red onion, barbecue sauce drizzle, with a dash of green onion . . . . . \$9.45
- PEPPERONI PESTO** pesto, signature blend of Italian cheeses, and pepperoni . . . . \$8.25
- FIRECRACKER CHICKEN** red sauce, signature blend of Italian cheeses, grilled chicken, jalapenos, with sriracha drizzle . . . \$9.45

\*Gluten-free crust available for an additional \$2. Because we work with wheat-based flour and do not use a separate oven for our gluten-free dough, we are unable to guarantee against cross contamination. Please keep this in mind when ordering.

## SANDWICHES

(Includes All-Natural Kettle Chips or Apple Slices)

<b>VIC'S ITALIAN</b>	all-natural ham, genoa salami, pepperoni, provolone cheese, romaine lettuce, tomato, red onion, italian dressing, on artisan italian bread .....	\$9.09
<b>TURKEY CLUB</b>	all-natural turkey, peppered bacon, white american cheese, romaine lettuce, tomato, mayonnaise, on artisan italian bread .....	\$9.29
<b>TUNA SALAD</b>	homemade albacore tuna salad, romaine lettuce, tomato, red onion, sprouts, on heartland grain bread .....	\$8.79
<b>CHICKEN SALAD</b>	homemade chicken salad, romaine lettuce, tomato, sprouts, on heartland grain bread .....	\$8.79
<b>VEGGIE CLASSIC</b>	cucumber, sprouts, tomato, red onion, roasted red peppers, provolone cheese, romaine lettuce, cilantro dressing, on heartland grain bread .....	\$8.29
<b>BUILD-YOUR-OWN SANDWICH</b>	all-natural ham or turkey, choice of cheese, romaine lettuce, tomato, mayonnaise or spicy brown mustard, on choice of bread .....	\$8.79

## PANINI

(Includes All-Natural Kettle Chips or Apple Slices)

		HALF	WHOLE
<b>BBQ CHICKEN</b>	all-natural chicken breast, peppered bacon, cheddar cheese, red onion, barbecue sauce, on ciabatta .....	\$6.65	\$9.79
<b>AVOCADO CLUB</b>	all-natural turkey, peppered bacon, cream cheese, avocado, sprouts, on ciabatta .....	\$6.65	\$9.79
<b>TUSCAN TURKEY</b>	all-natural turkey, provolone cheese, pesto, roasted red peppers, on ciabatta .....	\$6.15	\$9.29
<b>THE BLT</b>	peppered bacon, romaine lettuce, tomato, mayonnaise, on ciabatta .....	\$5.65	\$8.79
<b>THE CAPRESE</b>	fresh mozzarella, organic spring mix, tomato, sun-dried tomato spread, olive oil, on ciabatta .....	\$6.15	\$9.29
<b>THE FUEGO</b>	all-natural ham, pepper jack cheese, jalapenos, sriracha mayo, on ciabatta .....	\$6.15	\$9.29
<b>GRILLED CHEESE</b>	white american and cheddar cheese, on classic white bread .....	N/A	\$6.29
	(add tomato for 50¢, add peppered bacon or all-natural ham for \$1.50)		
	<b>GRILLED CHEESE WITH 6 OZ. ROASTED GARLIC TOMATO SOUP</b> .....		\$8.99

## HOMESTYLE MAC & CHEESE

(Baked to Order)

Large elbow pasta, mixed with classic cheddar cheese sauce, topped with cheddar cheese, parmesan and bread crumbs & baked to order to a golden brown

**\$7.09**

### ADD-INS

(No more than 2 recommended)

• black beans . . . . .	.65¢	• fried onion . . . . .	65¢
• bleu cheese . . . . .	.65¢	• tomatoes . . . . .	65¢
• fresh garlic . . . . .	.65¢	• bacon (peppered) . .	\$1.05
• green onion . . . . .	.65¢	• all-natural grilled	
• jalapenos . . . . .	.65¢	chicken . . . . .	\$1.05

## BEVERAGES

**SODA** Choose from 100+ flavors from our Coca-Cola Freestyle Machine . . . \$2.19

**ICED TEA** (regular & herbal) . . . . . \$2.19

**LEMONADE** . . . . . \$2.19

**BOTTLED WATER** . . . . . \$1.59

**S. PELLEGRINO** . . . . . \$2.99

**MILK 2%** . . . . . \$1.59

## BEER & WINE

Assorted craft beers and Barefoot Vineyard wines

**\$4.50**

## KID'S CORNER

10 years & younger

(Includes Kid's-sized drink or Milk / Sandwiches include All-Natural Kettle Chips or Apple Slices)

**CUSTOM SALAD** choice of lettuce, 3 choppings, and dressing (add protein for \$1.30) . . . . . \$4.60

**GRILLED CHEESE** white american cheese on kid-sized crustless classic white bread . . . . . \$5.15

**KID'S TURKEY OR HAM SANDWICH** all-natural turkey or ham, choice of cheese, romaine lettuce, tomato, mayonnaise or mustard, on kid-sized crustless classic white bread . . . . . \$5.15

**MAC & CHEESE** large elbow pasta, mixed with classic cheddar cheese sauce, topped with cheddar cheese, parmesan and bread crumbs & baked to order to a golden brown . . . . . \$5.15

## SIDES

**HOMEMADE ALBACORE TUNA SALAD** . . . . . \$2.60

**HOMEMADE CHICKEN SALAD** . . . . . \$2.60

**APPLE SLICES** . . . . . \$1.19

**ALL-NATURAL KETTLE CHIPS** (assorted flavors) . . . . . \$1.29

## DESSERTS

**CHOCOLATE CHUNK COOKIE** . . . . . \$2.35

**BROWNIE** . . . . . \$1.35

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choicegreens.com